Eat a Rainbow of Fruits and Vegetables Take Home Activity Sheet

**Red**
- Strawberries, apples, cherries, bell peppers, raspberries, watermelon, tomatoes and rhubarb

**Yellow**
- Lemons, bananas, corn, pears, squash and pineapples

**Green**
- Peas, apples, cucumbers, broccoli, pears and asparagus

**Blue**
- Blueberries and grapes

**Purple**
- Grapes, eggplants, turnips and plums

**Green**
- Lettuce, cabbage, spinach and zucchini

**Orange**
- Yams, sweet potatoes, oranges, peaches, pumpkins, carrots and bell peppers

**Red**
- Onions, pomegranates, chili peppers, cherry tomatoes, cabbage, grapes, beets, grapefruit and cranberries

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